



Department of Transportation

Exam Checklist

Required for your exam: **All Prescription Medications, Over the Counter Medications, and Herbal/Dietary Supplements**

If you do not have the required information, we will not be able to certify you and you will need to bring back this information within the timeframe given with your temporary card.

Blood Pressure

- Blood pressure must be below 140/90 on the day of your exam
- If you are being treated to control your blood pressure, please bring a physician's note indicating this
- List any medications / dosage for treatment of blood pressure

Heart

- Cardiology consult and clearance required for: heart attack, angioplasty (with or without stents), congestive heart failure, heart disease or any heart surgery
- If you have a pacemaker, you must bring documentation of your most recent annual pacemaker check (within 12 months).
- Copy of most recent exercise stress test results and echocardiogram

Neurological

- Neurological consult and clearance required for: stroke, TIA, seizure, intracranial bleed, brain infection, dizziness or episodes of passing out

Diabetes

- Physician clearance to operate a commercial motor vehicle and letter including: HgbA1C level less than 10% in the past 6 months and a clearance letter stating your diabetes is under control.
- Per the Federal Motor Carrier Safety Administration anyone who is an insulin dependent diabetic must have The Insulin-Treated Diabetes Mellitus Assessment Form (MCSA-5870) completed by their endocrinologist or primary care provider.

Blood Thinners: Warfarin / Coumadin

- Must provide monthly INR results

Abdominal, Thoracic or other Aneurysm

- Vascular Surgeon Clearance Letter Required

Vision

- If you require correction in your vision, you must be wearing your contact lenses and/or bring a pair of glasses with you to the exam
- If you are blind in one eye, you must bring Federal Vision Exemption Form

Sleep Disorder or Sleep Apnea

- Consult with Sleep Specialist required
- Copy of Sleep Study
- If you currently are prescribed a CPAP machine, then you must bring proof of a compliance which is obtained from your CPAP machine supplier. Usage statistics will be required for the last 30 days
- Compliance of a CPAP machine includes >4 hours per night 70% of the time

Psychiatric

- Physician Note stating medications and treatment plan if you are being treated for any psychiatric disorder including Adult Depression, Attention Deficit / Hyperactivity Disorder, Panic Disorder, PTSD, Bipolar, Anxiety
- Clearance must be provided that any medications do not cause daytime sleepiness and you are able to operate a commercial motor vehicle

Loss of Limb (Amputation or Injury)

- Letter from physician including overview of amputation or injury and work restrictions. You will need a Skilled Performance Examination in order to qualify from an SPE provider.

Hearing

- If you wear hearing aids, you must bring them with you
- Documentation of current hearing test from audiologist

****NOTE: Most chronic conditions may only allow certification for one year or less. During the examination, the provider may find medical conditions that require further evaluation from a specialist prior to certification. ****